Pasco County
Alliance for Substance Abuse Prevention

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Contact Chrissie Parris for more information on the ASAP Coalition at:
cparris@pascoasap.com
or
727-597-2284

Check us out online at:
www.PascoASAP.com

Check us out on Facebook at:
http://www.facebook.com/pages/Pasco-County-Alliance-for-Substance-Abuse-Prevention-ASAP/108740345811062

Check us out on Twitter at:
@ASAP_Pasco

ASAP Mission:
"To develop, motivate, and encourage strategic relationships that reduce county risk factors and decrease substance abuse rates among youth and adults."

HEADLINES:

Volunteer of the Year!



Gabby Flores, Community Liaison with the Healthy Start Coalition of Pasco County, began working with ASAP two years ago when she helped to launch the Substance Exposed Newborn Committee. As a leader of the committee, Gabby has played a critical role in developing initiatives designed to reduce the numbers of substance-exposed newborns in Pasco County. Specifically this year, she worked very closely with ASAP to develop a presentation on screening pregnant women for substance abuse, which was given to twelve county obstetricians. She was also instrumental in developing a social media campaign designed to educate women on the dangers of using prescription drugs while pregnant. Gabby's efforts to help organize and promote ASAP's third annual conference were critical to the success of the conference. Her hard work and dedication, both as a liaison with the Healthy Start Coalition of Pasco and as a member of ASAP, has helped to positively impact the lives of countless women and infants in Pasco County. Congratulations!

COMMUNITY CORNER

Care Coordination Program

The Care Coordination Program (C.C.P) is a new program of BayCare Behavioral Health. This voluntary program offers care navigation and support services to pregnant and post partum women who are at risk for, or have delivered, a substance exposed newborn. Any pregnant or post partum woman with a substance abuse issue is eligible to participate in this free service. Our goal is to help ensure a healthy pregnancy and a healthy baby through assessment of needs, referral to community resources, coordination of services between health care providers, education, emotional support, and assitance with baby items. Services can be provided either in the program's office located in New Port Richey or in the community. Participants are asked to have face-to-face contact with program staff at least once a month for the purposes of needs assessment. A monthly group for program participants who are also clients of Operation PAR (methadone clinic) will be offered at that agency's location in Port Richey.



Coordination, Assessment, Referral, Education, and Help with Baby items. Every woman wants to have a healthy baby!

For more information or to refer a client contact:
Liana Dean, MSW
Program Coordinator
Cell Phone: 727-277-6243
Email: Liana.Dean@Baycare.org
Address: 8002 King Helie Blvd.
New Port Richey, 34653

NAMI Peer to Peer Classes for Mental Illness

NAMI, the National Alliance on Mental Illness Pasco is offering 10- week classes for adults who are interested in learning more about managing their illness. Class begins January 7, 2014 and ends March 11, 2014. Classes are from 6:30pm to 8:30pm at Medical Center of Trinity West Pasco Campus, 5637 Marine Parkway, New Port Richey. Classes are taught by Peers. Contact class mentors Michelle and Terry for more information at 727-992-9653. Registration required as seating is limited.

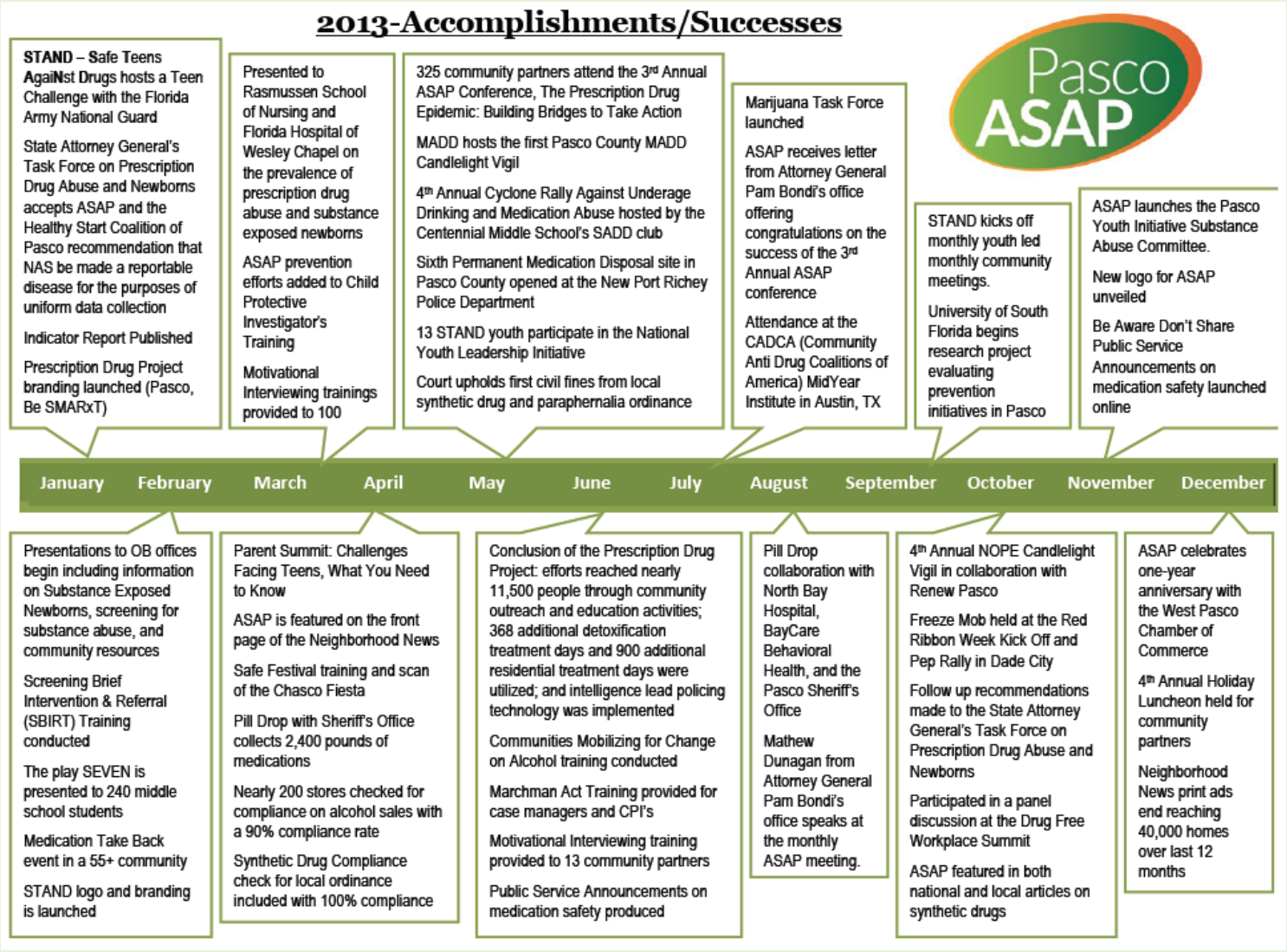
NAMI Pasco County

New Narateen Meetings

Narateen is a twelve-step self-help group for teenaged family members and friends of addicts. A Narateen meeting is held every Wednesday from 8:00-9:00 pm @Asbury United Methodist Church 4204 Thys Rd, New Port Richey and on Tuesdays from 7:00-8:00 pm @ Hope Church, 5107 W.lutz-lake Fern Rd, Lutz.

Nar-Anon /Narateen have no affiliation with the treatment facility, Church, or organization where the meetings are held.
www.naranonfl.org 1-888-947-8885

ASAP 2013 Accomplishments



Screening for Pregnant Women for Substance Abuse Training

ASAP, in coordination with the Health Start Coalition of Pasco, has developed a presentation for obstetricians on how to screen pregnant women for substance abuse. This presentation was developed due to the high numbers of newborns born in Pasco County diagnosed with Neonatal Abstinence Syndrome (NAS). This presentation addresses current drug trends, use of Florida's Prescription Drug Monitoring Program, maternal screening criteria, and outlines a step-by-step substance abuse screening process. The goal of this presentation is to both prepare the medical community for changes that will accompany the Affordable Care Act of 2014, particularly the integration of substance abuse and mental health into the medical setting, as well as to educate medical providers on the importance of early screening and it's impact on health outcomes. A manual on how to screen pregnant women, literature for distribu-tion to patients, and multi-media accompanies this presentation.

The following physicians have received the "Screening Pregnant Women for Substance Abuse" training and manual from ASAP and the Healthy Start Coalition of Pasco. **We would like to thank them for their commitment to improving the health of Pasco mothers and their infants.**

All Femcare

Childbirth Options

Dr. Ramappa

Ob & GYN of Trinity

Pasco County Health Department

Suncoast Women's Care

The Woman's Group

Women's Care Center

Women's Health of Pasco

Rasmussen College

RESEARCH

Buzzed Driving is Drunk Driving

Don't Turn Your Holiday Into a Tragedy
Buzzed Driving is Drunk Driving

Stay Safe and Drive Sober to Spread the Holiday Cheer



- Drunk driving fatalities occur all year round, but data shows that the holiday season is a particularly dangerous time on the roadways.
- In 2011, 760 people lost their lives as a result of drunk-driving-related crashes during the month of December alone.
- From 2007 to 2011, 14,318 people lost their lives during December. Twenty-nine percent (4,169) died in crashes that involved drivers with blood alcohol concentrations of .08 grams per deciliter or higher.
- Join highway safety partners and law enforcement organizations across the country to remind people during December and throughout the year that ***Buzzed Driving is Drunk Driving*** – and to always designate a sober driver.

- Whether you've had just one or one too many, hand the keys to a sober driver. *Buzzed Driving is Drunk Driving.*
- Your decisions can be the difference between life and death. When you drink and drive, you are endangering yourself, your passengers, and those on the road around you.
- For more information on ***Buzzed Driving is Drunk Driving***, please visit www.TrafficSafetyMarketing.gov.

SPOTLIGHT

Liquid Nicotine: Becoming Street Drug

Monday, November 11 2013, 07:46 PM EST Rochester, N.Y. –
It's sometimes called E juice or rock juice. It is the liquid nicotine used in electronic cigarettes. It's not supposed to be ingested, yet comes in all kinds of flavors like pina colada, which is part of the draw for young teens. Despite warning labels which say "do not drink and keep out of the reach of children," chemists at the Monroe County Crime Lab said teens in middle school locally are abusing liquid nicotine and using it to get high. How dangerous is this? Well, chemist James Wesley said there haven't been any deaths yet but he said if you ingest high amounts of nicotine, it will kill you. Wesley told 13 WHAM: "It would be like eating a pack of cigarettes, nicotine is a poison in high amounts." You can't buy liquid nicotine in most smoke shops unless you're 18, but Wesley said teens are buying it on-line. And in most cases, he said their parents don't even know what the vial of liquid is, or that it could kill their kids. Look-ah Hookah smoke shop in Henrietta told us they ID everyone who buys liquid nicotine, but clerk Chris Schramm said he had no idea teens were ingesting this to get high. He said that is dangerous and not something the store would recommend or allow. Wesley said it has become like a new street drug on the internet and teens have no idea how deadly this high can be.

Read More at: http://13wham.com/news/features/top-stories/stories/liquid-nicotine-becoming-street-drug-7367.shtml

New Synthetic Drug - Blue Blossoms

A new synthetic cigarette liquid known as Blue Blossoms is trending among teens. Available at most smoke and head shops, this synthetic liquid creates psychological effects similar to marijuana, Spice/K2, and ecstasy when smoked through electronic cigarettes. E-cigarettes are now a nearly billion-dollar industry that claims to be a safe alternative to traditional cigarette smoking. However, this method of smoking can be easily manipulated into drug paraphernalia through Blue Blossoms and other legal synthetic oils. While Blue Blossoms states that it is not for human consumption and the sale of the product to minors is prohibited, teens still get their hands on it.

Individuals who use this substance report the same effects as illicit drugs as marijuana and ecstasy but remain unaware of the negative effects that come with use. The effects include, but are not limited to distorted sense of time, bursts of euphoria, lowered awareness, and elevated heart rate.

Parents should be aware that teens may be using e-cigarettes to smoke these new legal drugs. Children may be using the devices in their own home, since there is no cigarette smoke or odor. Parents may want to discuss possible harmful effects of this practice and possible addiction.

Video: http://youtu.be/d8UQwgoznC4

2014 ASAP Meeting Dates

Meetings are held the fourth Tuesday of every month from 10am to 12pm at: Land O'Lakes Community Center, 5401 Land O'Lake Boulevard (US 41), Land O'Lakes, FL 34638

January 28, 2014

February 25, 2014

March 25, 2014

April 22, 2014

May 27, 2014

June 24, 2014

July 22, 2014

August 26, 2014

September 23, 2014

October 21, 2014

Annual Luncheon TBD

2013 ASAP Executive Committee



Debbie Antioco, Tracey Kaly, Art Rowand, Paula Green, Phil Cohen, Chrissie Parris (Not Pictured: Chris Wittmann)

Tracey Kaly, Chair
Art Rowand, Vice Chair
Paula Green, Secretary
Debbie Antioco, Treasurer
Chrissie Parris, Coalition Staff
Phil Cohen, Board Member at Large
Chris Wittmann, Board Member at Large