March, 2015

Pasco County
Alliance for Substance Abuse Prevention

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ASAP Mission:

"To develop, motivate, and encourage strategic relationships that reduce countywide risk factors, preventing and decreasing the use and abuse of drugs in a comprehensive and long-term manner, with a primary focus on youth in the community ."

Call for Stories

If you have a story you'd like to share in the ASAP newsletter, please make sure to send it to Monica Rousseau at MRousseau@PascoASAP.com by the 10th of the month.

Contact Information:

Contact Monica Rousseau for more information on the ASAP Coalition:

- 7809 Massachusetts Avenue
  New Port Richey, FL 34653
- MRousseau@pascoasap.com
- 727-597-2284

Check us out online at **www.PascoASAP.com**

Check us out on Facebook! Search Pasco County Alliance for Substance Abuse Prevention

Check us out on Twitter at: @ASAP_Pasco

HEADLINES

Next ASAP Meeting

Please join us for our next scheduled ASAP meeting from 10:00 AM – 12:00 PM on Tuesday, March 24, 2015 at the Land O' Lakes Community Center- 5401 Land O'Lakes Blvd. (US 41). Our guest speaker is Mykenzie Robertson. She will be speaking about a few drug trends affecting youth and the importance of advocacy and good policies on health behaviors.

A Message from the Outgoing ASAP Chair

Dear ASAP friends and colleagues,

Back in 2005, I was asked to meet with a few local professionals to help develop an anti-drug coalition for Pasco County. I had no idea what I was getting myself into and the amazing 10 year journey I was about to embark on! It was a slow and confusing start up as we tried to figure out how the heck to do this. Our initial membership consisted of law enforcement and behavioral health providers and our regularly scheduled meetings were attended by 4-6 people (if we were lucky). We developed the name Alliance for Substance Abuse (ASAP) to call our coalition and formed our mission statement…."to develop, motivate and encourage strategic relationships that reduce county wide risk factors and decrease substance abuse rates among youth and adults."

We developed initial goals and action steps to address our county wide issues related to impaired driving. We began working with researchers and our implementation efforts yielded positive results as we started to see a decrease in impaired driving arrests and a stronger link to substance abuse education and treatment for those charged. Over the next couple of

HEADLINES *(CONT.)*

A Message from the Outgoing ASAP Chair (Cont.)



Tracey Kaly is stepping down as Chairperson of ASAP after serving in the position for the last 6 years.

years, our membership began to grow and broaden. We conducted town halls and focus groups to identify barriers to treatment in our communities. In 2009, we were awarded our first Drug Free Communities national grant. This grant allowed us to expand our goals and work in a data driven fashion to help combat the substance abuse issues impacting our citizens. We invited key sectors of our local community (e.g.; faith based organizations, media, state and government, schools, health care, civic groups, businesses, colleges, youth, parents, etc.) to become part of our discussions. Our regularly scheduled meetings were attended by 15-20 members.

Our grassroots momentum has continued to grow exponentially! We now have committees to address key substance abuse issues (e.g.; prescription drug abuse, substance exposed newborns, marijuana, alcohol, etc). We have developed an active youth component of ASAP called STAND (**S**afe **T**eens **A**gai**N**st **D**rugs)…they teach us so much about how to reach their peers in positive and effective ways. They help us develop and implement strategies to tackle our substance abuse issues and help us get to the root causes of youth drug use. With your involvement and interest, we have become a premier anti-drug coalition in the State of Florida. ASAP has made important strides in reducing substance abuse and providing education. Our monthly membership meetings continue to grow with up to 60 in regular attendance!

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After serving as Coalition Coordinator since 2009, Chrissie Parris has accepted the ASAP Chairperson role.

It has been my honor and privilege to serve as the ASAP Chairperson for the past 6 years. As you all know, our new Chairperson, Chrissie Parris is the most ideal choice to assume this position. She has served as our Coalition Coordinator for the past 5 years and has the personality and skill set to positively mobilize our community and bring environmental change to Pasco County! If you haven't been to an ASAP meeting, I would strongly encourage you to come to one. These meetings are probably unlike most professional meetings that you may attend. This passionate group will welcome and solicit your input and keep you active in our discussions! Preventing alcohol, tobacco, and other drug abuse is no easy task, but I know that ASAP volunteers will continue to fight and be up for the challenge. Our momentum is strong and we still have much work to do as we apply our comprehensive and county-wide approach to reducing substance abuse and its related problems in Pasco County! This experience has been one of the most rewarding in my professional life and I look forward to continuing my journey with ASAP as a Board Member and volunteer. Thank you again for allowing me to be on this incredible journey!

-Tracey Kaly

HEADLINES *(CONT.)*

St. Patrick's Day Coast Campaign to Reduce Impaired Driving





According to recent data, many participants from Pasco's DUI School have self-reported overdrinking at the same 10 venues before getting behind the wheel. Based on this data, the ASAP Alcohol Initiatives Subcommittee (AIS) recently began a new drugged driving prevention initiative that targets these venues. On national holidays, the AIS distributes safe ride information to these 10 establishments.

In honor of the St. Patrick's Day, one of the one of the deadliest holidays on the road for drunk driving, the AIS created holiday themed coasters that promote the safe ride options and distributed them to about 20 establishments in Pasco County. The response from the public has been very positive thus far. The coasters are now trending on social media with the hashtag #SafeRidePasco.

To learn more about the AIS and their initiatives, please email the AIS chairperson, Melissa Giles at mgiles@yfainc.org

COMMUNITY CORNER

Battle of the Belts

The Student Resource Officer, Corporal Mills and Coach Bruno at Gulf High were out bright and early on February 25 to stop each car pulling into the school parking lot. Whether it was a teen driver or a parent dropping off at student, each was checked for seatbelt compliance. If seat belt compliance was observed, the students were given a Bucs dollar to use in school.

Cpl. Mills and Coach Bruno weren't the only ones in the county checking seatbelts. Battle of the Belts was an initiative for all schools in Pasco to encourage safe behaviors. The success of the event provides great insight and opportunity for other coalitions and programs to create similar campaigns to encourage other health behaviors.

COMMUNITY CORNER *(CONT.)*

Through with Chew Week

Safe Teens AgaiNst Drugs (STAND) supported the Pasco County SWAT members as they presented about flavored tobacco to the St. Leo Town Commission on March 9, 2015. Their presentation resulted in the adoption of a proclamation that supports restricting access to flavored tobacco, like bubble gum dip and candy apple snus! In addition to the proclamation, SWAT has obtained similar resolutions from the Pasco County Board of County Commissioners, City of New Port Richey, Dade City, and San Antonio.

The SWAT youth are in Tallahassee to speak with their state legislators on Kick Butts Day, March 18. Show your support for SWAT youth by following the Tobacco Free Partnership of Pasco County on Facebook!



SWAT students Michelle Thoey, Dillan Thoey, Cassidy Wrixon, and Mykenzie Robertson with STAND students Ormand Derrick, Mira Derrick, and Omari Warren outside the St. Leo Town Hall meeting on March 9, 2015.

Upcoming Events: Former Major League Baseball player, Darryl Strawberry to speak about substance abuse

As part of the University Speaker Series, former Major League Baseball (MLB) player Darryl Strawberry will present **"Recovery from Substance Abuse" at 7 p.m., Thursday, March 26, in the Greenfelder-Denlinger Boardrooms of the Student Community Center at St. Leo College.** His talk is free and open to the public, and may be viewed by the Saint Leo community via livestreaming here: http://portal.stretchinternet.com/saintleoadmin.

Strawberry is a former MLB outfielder who played 17 seasons with the New York Mets, New York Yankees, Los Angeles Dodgers, and the San Francisco Giants. He also serves as the spokesperson for the Darryl Strawberry Recover Center (DSRC) in St. Cloud, FL, south of Orlando. The DSRC was founded in a partnership between Strawberry and Oglethorpe Inc., a company which has over 15 years of experience in managing successful behavioral health centers in five states. They provide effective treatment to all individuals who are suffering from substance abuse, with a center for excellence in addiction treatment and recovery.

The event is co-sponsored by John Picciano, a 1969 graduate of Saint Leo College, and chief executive officer of Oglethorpe Inc.

For more information, contact Allyson Marino, director of fine arts events, at (352) 588-8662 or allyson.marino@saintleo.edu

COMMUNITY CORNER *(CONT.)*

Upcoming Events: FLORIDA'S KIDS & ALCOHOL

Since 2005, FLORIDA'S KIDS & ALCOHOL has addressed the issue of underage drinking in the state of Florida. The town hall series provides an in-depth discussion with parents, teachers, officials, and youth on the harmful effects. Designed to increase community awareness, the yearly discussion includes ideas for preventing youth from using alcohol. **Please join the town hall on Wednesday, March 25, 2015 at 5 p.m. at The Digitorium at St Petersburg College, Seminole Campus.** RSVP for free here: http://www.wedu.org/kidsandalcohol/



COMMUNITY CORNER *(CONT.)*

Upcoming Events: Safe Kids Day



COMMUNITY CORNER *(CONT.)*

Upcoming Events: ANNUAL CONFERENCE

SAVE THE DATE

4th Annual Pasco County Substance Abuse Prevention Conference: Strengthening Our Community

Don't miss your chance to network while learning from key national/state leaders, and local collaborations on impacting community change to improve the health and wellbeing of Pasco County residents.

Wednesday, May 27, 2015
10:00am - 4:00pm
Registration & Networking Begin at 9:00am

Saddlebrook Resort Tampa
5700 Saddlebrook Way
Wesley Chapel, FL 33543

Please join us for this year's annual conference

Free Event - Lunch Provided

Registration Information to Follow

For updates, please visit us at

www.pascoasap.com

Pasco ASAP Alliance for Substance Abuse Prevention

BayCare Behavioral Health

RESEARCH

2014 Florida Youth Substance Abuse Survey Data

Data from the 2014 Florida Youth Substance Abuse Survey (FYSAS) was released in early December. The ASAP data team is currently collecting the most important data points from FYSAS and other data sets to include in the 2015 Profile of Alcohol and Drug Indicators. Please see below for two intriguing FYSAS tables that compare Pasco Youth to the Florida averages.

If you have data that you think ASAP should include in the indicator report, or if you would like to assist in the creation of the indicator report, please contact Monica Rousseau at Mrousseau@PascoASAP.com

Table 3. Percentages of Pasco County and Florida Statewide youth who reported having used various drugs in the past 30 days, 2014

	Pasco County							Florida Statewide						
	Middle School	*High School*	*Female*	*Male*	*Ages 10-14*	*Ages 15-17*	*Total*	*Middle School*	*High School*	*Female*	*Male*	*Ages 10-14*	*Ages 15-17*	*Total*
Alcohol	11.8	28.8	22.7	20.1	12.7	27.8	21.3	10.1	28.4	21.7	19.4	11.1	28.1	20.5
Binge Drinking	4.5	12.2	9.9	7.7	4.6	11.4	8.8	3.9	13.7	9.5	9.4	4.1	13.7	9.5
Cigarettes	2.5	7.3	6.4	4.1	3.0	7.3	5.2	2.0	7.1	4.4	5.3	2.1	6.8	4.9
Marijuana or Hashish	5.1	20.1	14.0	13.3	5.8	19.6	13.6	4.2	18.6	11.7	13.1	4.7	18.9	12.4
Synthetic Marijuana	--	2.1	3.6	0.6	--	1.7	2.1	--	1.4	1.2	1.6	--	1.5	1.4
Inhalants	2.8	1.8	3.0	1.5	2.9	1.5	2.2	3.1	1.3	2.3	1.9	2.8	1.5	2.1
Club Drugs	0.1	0.7	0.8	0.2	0.1	0.6	0.5	0.3	1.0	0.7	0.8	0.4	1.0	0.7
LSD, PCP or Mushrooms	0.1	1.3	1.2	0.4	0.0	1.4	0.8	0.6	1.4	0.8	1.2	0.6	1.4	1.0
Methamphetamine	1.0	0.3	0.7	0.5	0.8	0.5	0.6	0.4	0.5	0.4	0.6	0.4	0.5	0.5
Cocaine or Crack Cocaine	0.2	0.6	0.5	0.3	0.2	0.8	0.4	0.4	0.7	0.5	0.7	0.4	0.7	0.6
Heroin	0.4	0.3	0.5	0.1	0.3	0.4	0.3	0.3	0.3	0.2	0.3	0.2	0.3	0.3
Depressants	0.6	2.3	1.9	1.3	0.6	2.5	1.6	0.8	2.1	1.8	1.2	0.9	2.2	1.5
Prescription Pain Relievers	1.1	3.1	3.0	1.5	1.0	3.4	2.2	1.4	2.6	2.4	1.8	1.6	2.6	2.1
Prescription Amphetamines	0.5	0.5	0.7	0.3	0.4	0.7	0.5	0.5	1.7	1.1	1.1	0.6	1.6	1.2
Steroids (without a doctor's order)	0.3	0.0	0.2	0.1	0.3	0.0	0.1	0.2	0.3	0.1	0.4	0.2	0.3	0.3
Over-the-Counter Drugs	1.6	2.9	2.9	1.9	1.6	3.3	2.4	1.6	2.4	2.3	1.8	1.7	2.4	2.1
Any illicit drug	9.1	24.4	20.0	15.7	9.8	24.0	17.8	8.7	22.3	16.4	16.3	9.2	22.5	16.4
Any illicit drug other than marijuana	5.6	9.1	9.8	5.5	5.4	9.3	7.6	6.2	8.5	7.9	7.0	6.2	8.7	7.5
Alcohol only	7.8	14.1	10.8	11.8	8.2	14.1	11.4	6.3	14.5	11.7	10.1	6.8	14.3	10.9
Alcohol or any illicit drug	16.7	38.1	30.6	26.9	17.6	37.6	28.7	14.8	36.3	27.9	26.1	15.9	36.4	27.0
Any illicit drug, but no alcohol	4.9	9.4	8.0	6.9	5.0	9.8	7.5	4.8	8.1	6.5	6.9	4.9	8.5	6.7

Note: The first 16 data rows show results for alcohol, cigarettes, and other drugs. The last five data rows show results for various combinations of drugs. Binge drinking is defined as having had five or more alcoholic drinks in a row in the past two weeks. Ecstasy, Rohypnol, GHB and ketamine are provided as examples in the question about club drugs. The symbol "--" indicates that data are not available.

Table 2. Percentages of Pasco County and Florida Statewide youth who reported having used various drugs in their lifetimes, 2014

	Pasco County							Florida Statewide						
	Middle School	*High School*	*Female*	*Male*	*Ages 10-14*	*Ages 15-17*	*Total*	*Middle School*	*High School*	*Female*	*Male*	*Ages 10-14*	*Ages 15-17*	*Total*
Alcohol	27.3	55.5	44.6	41.5	28.4	56.0	43.2	25.0	56.0	44.3	40.9	26.6	56.5	42.6
Blacking Out	--	21.9	23.9	20.5	--	22.5	21.9	--	18.9	19.8	18.1	--	19.5	18.9
Cigarettes	10.4	24.3	18.0	18.4	11.0	23.7	18.2	9.8	23.6	17.2	18.0	10.1	23.5	17.6
Marijuana or Hashish	8.8	34.5	23.3	22.2	9.8	34.6	23.3	8.4	33.4	22.1	23.0	9.2	34.1	22.6
Synthetic Marijuana	--	10.0	11.1	9.2	--	9.7	10.0	--	8.8	7.7	10.0	--	8.9	8.8
Inhalants	8.5	6.2	7.2	7.1	8.0	6.4	7.2	8.6	4.9	7.2	5.8	8.3	5.0	6.5
Club Drugs	0.5	4.0	2.9	2.0	0.4	4.1	2.5	1.1	4.5	2.8	3.2	1.2	4.2	3.0
LSD, PCP or Mushrooms	1.2	6.1	4.0	4.1	1.0	6.7	4.0	1.3	5.3	2.8	4.3	1.4	5.3	3.6
Methamphetamine	1.6	1.0	1.3	1.2	1.3	1.5	1.3	0.9	1.1	0.8	1.2	0.8	1.1	1.0
Cocaine or Crack Cocaine	1.1	1.5	1.7	1.0	0.8	2.1	1.3	0.9	2.5	1.6	2.1	0.9	2.4	1.9
Heroin	0.8	1.4	1.2	1.1	0.7	1.7	1.1	0.6	0.7	0.4	0.8	0.6	0.7	0.6
Depressants	1.6	6.2	4.3	4.0	1.4	6.4	4.2	1.9	6.2	5.1	3.6	2.1	6.3	4.3
Prescription Pain Relievers	2.5	9.3	7.3	5.4	2.5	9.9	6.4	3.0	7.3	5.9	5.1	3.3	7.4	5.5
Prescription Amphetamines	1.6	4.2	3.3	2.9	1.6	4.4	3.1	1.0	5.1	3.5	3.2	1.2	5.0	3.3
Steroids (without a doctor's order)	0.8	0.4	0.5	0.6	0.6	0.5	0.5	0.5	0.8	0.3	1.0	0.5	0.8	0.7
Over-the-Counter Drugs	3.0	7.0	5.5	4.7	2.7	7.4	5.2	3.4	6.1	5.1	4.8	3.5	6.2	5.0
Any illicit drug	17.6	39.9	31.1	28.5	18.6	40.1	30.2	17.9	39.3	30.7	29.4	18.7	39.9	30.0
Any illicit drug other than marijuana	13.3	20.1	18.4	15.8	12.4	21.1	17.1	13.7	19.7	17.9	16.4	13.9	19.9	17.1
Alcohol only	14.6	20.0	17.8	17.8	14.4	21.1	17.7	14.0	22.2	19.5	17.8	14.8	22.0	18.6
Alcohol or any illicit drug	32.1	59.9	48.8	46.1	32.8	61.1	47.7	31.7	61.4	50.1	47.0	33.3	61.9	48.5
Any illicit drug, but no alcohol	5.0	4.5	4.3	4.7	4.6	5.1	4.7	6.9	5.5	5.9	6.3	6.9	5.5	6.1

Note: The first 16 data rows show results for alcohol, cigarettes, and other drugs. The last five data rows show results for various combinations of drugs. Respondents were asked on how many occasions in their lifetime they woke up after a night of drinking and did not remember the things they did or the places they went. Ecstasy, Rohypnol, GHB and ketamine are provided as examples in the question about club drugs. The symbol "--" indicates that data are not available.

SPOTLIGHT

PACE Center for Girls

Congratulations to PACE Center for Girls for having Governor Rick Scott declare March 8th – 14 as Believing in Girls Week in your honor! PACE Center in Pasco County does amazing work in our community and the staff are wonderful community partners. To learn more about PACE and how they empower young women, please read the below website excerpt, visit their website, or call (727) 849-1901

"PACE began as a community response to the realization that girls involved with the justice system were either being placed in boys programs or placed further into the system for their own protection. There were no effective alternatives…PACE created a new alternative to institutionalization or incarceration.
PACE is now recognized as a national model for reducing recidivism and improving school success, employment and self-sufficiency amongst girls…"

